

yoga.rocks!kids®

Teacher Training Programs & Workshops for school teachers, parents, yoga practitioners, health care providers, social workers, therapists, and anyone who loves kids!

The Yoga Rocks Kids® Teacher Training Program is an inspirational and educational teacher training program developed by Jeannine K. Smolinsky, M.Ed., E-RYT. This training will bring out the best in you and the kids you spend time with!

2009 Schedule – Registration Required

K-8 Level I Training Workshop

March 20-22

July 10-12

Friday 7:30-9:30 pm, Saturday 11:00-6:00 pm, and Sunday 11:00-5:00 pm

At Yoga Rocks, Oyster Bay

In Level I Foundations, you will:

- 🍏 Learn how to successfully teach and implement the Yoga Rocks Kids™ Program.
- 🍏 Gain knowledge of yoga skills and techniques that empower kids in fun and meaningful ways that improve learning and increase self-esteem.
- 🍏 Learn how to develop and structure a class for children of all ages and abilities.
- 🍏 Feel inspired, empowered, and prepared to start teaching immediately!

Includes 3 days of interactive training with Jeannine Smolinsky, M.Ed., E-RYT, creator of Yoga Rocks Kids®, Teacher Training Manual, a certificate of completion, and healthy refreshments throughout the weekend.

Cost: \$499.00. A \$100 no-refundable deposit required at booking, as space is limited.



Level II Certification Program: July – December 2009

A comprehensive self-study program of 6 months. Includes Level II Manual and full study of the 50 YRK Poses, movements, songs, games, special needs & class management. Call or visit www.yogarockskids.com for more information.

Teen Yoga Training – One Day Workshop

Date: April 4, 2009
Time: 11:00 – 4:00 pm
Cost: \$197.00
Register before 3/28

REGISTER AT STUDIO OR CALL (516) 624.YOGA (9642)

Productive * Positive * Peaceful
www.yogarockskids.com

yoga rocks kids®
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