



Teacher Training Program

Level I Foundations & Level II Certification

For teachers, parents, yoga practitioners, health care providers, social workers, therapists, and anyone who loves kids!

The Yoga Rocks Kids™ Teacher Training Program and Certification is a new inspirational and educational yoga program for kids of all ages and abilities developed by Jeannine K. Smolinsky, M.Ed., E-RYT. This training will bring out the best in you and the kids you spend time with!

2008 Level I Training Dates:

March 28 - 30

July 11-13

October 24 - 26

**Friday 7:30-9:30 pm, Saturday 11:00-6:00 pm, and Sunday 11:00-5:00 pm
At Yoga Rocks, Oyster Bay**

In Level I Foundations, you will:

- 🍏 Learn how to successfully teach and implement the Yoga Rocks Kids™ Program.
- 🍏 Gain knowledge of yoga skills and techniques that empower kids in fun and meaningful ways that improve learning and increase self-esteem.
- 🍏 Learn how to develop and structure a class for children of all ages and abilities.
- 🍏 Feel inspired, empowered, and prepared to start teaching immediately!

Includes 3 days of interactive training with Jeannine Smolinsky, M.Ed., E-RYT, creator of Yoga Rocks Kids™, the Level I Foundations Training Manual, a certificate of completion, and healthy refreshments throughout the weekend.

Level I Foundations Tuition: \$499. A \$100 non-refundable deposit is required to hold your spot, as space is limited. Registration Form required.



REGISTER ONLINE OR CALL (516) 624.YOGA (9642)

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www.yogarockskids.com

Yoga rocks kids™
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